

Student Profile

Child's Name	Date Of Birth	School Year
Written By	Date Written	Review Date

Strengths And Interests

Start here. What your child does well and loves is where the teaching plan gets its power.

Present Levels

Two or three honest sentences per area about where your child is right now. This is the baseline progress gets measured against.

Communication

Academics (Reading, Writing, Math)

Daily Living Skills

Regulation And Sensory

Annual Goals

Child: _____ Year: _____

Two to four goals tracked well beat ten tracked never. A measurable goal names the skill, the level of help, and a number you can count. Copy goals from the free Goal Bank at spectrumunlocked.com/tools/iep-goal-bank and adjust the measurement to how you will track it at home.

Goal 1

Area: _____

Baseline Today

Target Date

How I Will Measure It (Parent-Collected Data)

Goal 2

Area: _____

Baseline Today

Target Date

How I Will Measure It (Parent-Collected Data)

Goal 3

Area: _____

Baseline Today

Target Date

How I Will Measure It (Parent-Collected Data)

Goal 4

Area: _____

Baseline Today

Target Date

How I Will Measure It (Parent-Collected Data)

Example Goals

Copy one into a goal card, then adjust the numbers to your child

Every goal here is written for home: you collect the data, and the settings are your house and your community. Hundreds more live free at spectrumunlocked.com/tools/iep-goal-bank.

Reading And Academics

"Given a list of 20 new sight words practiced at home, [child] will read 15 independently in 4 out of 5 weekly checks across 4 consecutive weeks, as measured by a caregiver-kept word list."

"Given ten single-digit addition problems, [child] will solve 8 correctly across 3 consecutive weekly checks, as measured by caregiver-scored worksheets."

"Given a passage at instructional level read aloud together, [child] will answer 3 of 4 who, what, or where questions across 4 consecutive sessions, as measured by a caregiver tally."

"Given a daily 10-minute writing block, [child] will write 2 complete sentences on a familiar topic with no more than one prompt in 4 out of 5 sessions across 3 consecutive weeks, as measured by dated work samples the caregiver keeps."

Communication

"Given a question during a daily home activity, [child] will answer in a sentence of 3 or more words in 4 out of 5 opportunities across 4 consecutive weeks, as measured by a caregiver tally taken three days per week."

"Given a difficult task during home learning, [child] will request help using words, a sign, or an AAC button instead of abandoning the task in 4 out of 5 opportunities across 4 consecutive weeks, as measured by a caregiver tally."

"Given a preferred item out of reach, [child] will request it using words, a sign, or an AAC button in 4 out of 5 opportunities across 4 consecutive weeks, as measured by caregiver frequency data."

"Given a family meal, [child] will take 2 on-topic conversational turns in 4 out of 5 meals across 3 consecutive weeks, as measured by a caregiver checklist."

Try One In Your Child's Words

Same shape: given what, your child will do what, how often, and how you will count it.

Example Goals, Continued

Each names the skill, the level of help, and a number you can count

Daily Living

"Given a 6-step visual schedule for the morning routine, [child] will complete all steps with no more than one prompt in 4 out of 5 days across 4 consecutive weeks, as measured by a daily caregiver checklist."

"Given a visual recipe, [child] will prepare a simple snack with supervision but no physical help in 4 out of 5 tries across 3 consecutive weeks, as measured by caregiver data."

"Given a mixed laundry basket and a sorting model, [child] will sort lights and darks independently in 4 out of 5 tries across 3 consecutive weeks, as measured by a caregiver checklist."

"Given a two-item picture shopping list, [child] will find both items in the store with supervision in 4 out of 5 community trips across 6 weeks, as measured by caregiver trip notes."

Self-Regulation

"Given table work at home and access to a break card, [child] will use the card to request a break instead of leaving the table in 4 out of 5 observed instances across 2 consecutive weeks, as measured by caregiver frequency data."

"Given a 5-minute warning before a transition, [child] will move to the next activity without escalation in 4 out of 5 transitions across 4 consecutive weeks, as measured by a daily caregiver tally."

"Given a frustrating task and a taught calming strategy, [child] will use the strategy before escalating in 3 out of 4 observed opportunities across 4 consecutive weeks, as measured by caregiver ABC notes."

"Given the end of a preferred screen activity and a visual timer, [child] will hand over the device within 2 minutes without escalation in 4 out of 5 opportunities across 3 consecutive weeks, as measured by a caregiver checklist."

Your Own Goal Ideas

Same shape: given what, your child will do what, how often, and how you will count it.

Services And Supports

Child: _____ Year: _____

Private therapy, services through insurance or your district, co-op classes, and the people who provide them.

Service Or Support	Provided By	How Often	Started

Accommodations That Work At Home

Check what you already use, and write in your own. Written down, they stay consistent for anyone who teaches your child.

- | | |
|---|---|
| ☐ Visual schedule for the day | ☐ Movement breaks between work |
| ☐ Shortened work blocks | ☐ First/then or choice boards |
| ☐ Quiet space for hard tasks | ☐ Extra time, no timed pressure |
| ☐ Instructions one step at a time | ☐ Sensory tools within reach |
| ☐ Transition warnings before changes | ☐ Breaks before behavior escalates |

Notes

Progress Log

Child: _____ Year: _____

Each quarter, look at your data sheets and mark each goal. Print data sheets matched to each goal free at spectrumunlocked.com/tools/data-sheet-maker.

OT = On Track **ADJ** = Adjusted **MET** = Met

	Goal 1	Goal 2	Goal 3	Goal 4
Quarter 1				
Quarter 2				
Quarter 3				
Quarter 4				

Quarterly Review Notes

Quarter 1, reviewed on: _____

Quarter 2, reviewed on: _____

Quarter 3, reviewed on: _____

Quarter 4, reviewed on: _____

Next Year

Keep this completed plan; it is your portfolio. Next year's plan starts from fresh present levels.
