

# Bedtime Routine

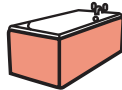
spectrumunlocked.com

1



Eat dinner

2



Take a bath

3



Put on pajamas

4



Brush teeth

5



Use the bathroom

6



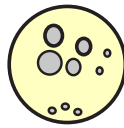
Story time

7



Goodnight hug

8



Lights out